

The Official News Letter of Indian Orthodontic Society

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President's Message



Dear Esteemed Members of the IOS Fraternity,

I extend warm season's greetings to you from the Head office of IOS and all the Executive Committee Members.

The month of February 2024 marked one of the most important events in the annual calendar of IOS: the Post Graduate Students' Convention. This year, it was the 27th IOS PG convention, signifying that our organization has been conducting this prestigious event for the past 27 years. We are proud to be the first specialty organization to host such an event exclusively for Post Graduate students (Residents). The concept behind this convention is to provide PG students with the opportunity to listen to erudite and expert academicians, researchers, and clinicians from all over the country. PG students had the chance to present their work through Paper or Poster Presentations, Table Clinic presentations, and in various other categories. This convention also facilitates interaction among

PG students from different institutions, encouraging the exchange of ideas and experiences, and fostering camaraderie for the future homogeneity of our organization.

The organizing team of the 27th IOS PG students' convention did a commendable job under the leadership of Dr. Shailesh Shenava and Dr. Prakash Mudliar in hosting this mega event at Terna Dental College, Navi Mumbai. I would like to commend the excellent work done by the members of the Organizing Team: Dr. Robin Mathew, Dr. Sandeep Singh, Dr. Trupti Sonone, Dr. Prachi Gaonkar, Dr. Chinmay Hawaldar, Dr. Taher Manasawala, and Dr. Abhay Paul. The second module of the Aligner Master Class, conducted by Dr. Nicolas and Dr. Parameswaran, provided all IOS members with the opportunity to learn about the intricacies of in-house aligners. It is possible that in the coming decade, we may see a situation where all orthodontic clinics manufacture their own aligners. This class was a step toward that goal.

This year, we have introduced another innovative concept called "Explore India – IOS Heritage Photography Expedition." The aim of this initiative is to raise awareness among our members about the rich heritage of our country by visiting important historical, archaeological, iconographic, and Indological sites. The group is guided by experts from the Archaeological Society of India (ASI) and our own fraternity members who have studied the heritage of the particular place. This year, the Madras Orthodontic Study Group and the South West Tamilnadu Orthodontic Study Group organized a heritage expedition to Thanjavur, where the Brihadeeswara temple (Thanjavur Periya Kovai), Kallanai Dam, and Sarveshwara Temple (Dharasuram Temple) at Kumbakonam were visited by an enthusiastic group of IOS members. This event was wonderfully organized by the Vice President of IOS, Dr. Edeinton Arumugam.

The IOS head office is pleased to announce an important pan-India event, the "National Diagnostic Drive," scheduled for July 1st, 2024. The aim of the program is for Orthodontic Departments, Orthodontic Study Groups, and Individual members of the Indian Orthodontic Society to conduct a nationwide diagnostic survey at various locations in India. This activity serves two purposes: to gather data on prevailing malocclusions in the Indian population and to utilize this opportunity for Public

Awareness initiatives. Details of the event will be communicated soon, but I urge you all to keep this date free for IOS activities. One very important achievement this month is our Journal of Contemporary Orthodontics (JCO-IOS) being indexed with Scopus. I would like to express my appreciation for the tireless work done by the Editor-in-chief, Dr. Sarvraj Kohli, the Editorial Board of the journal, reviewers, authors, and all the previous editors with their editorial teams for reaching this milestone in scientific publication in the Orthodontic fraternity in India.

Best wishes and warm regards to you and your families for the year 2024.

Jai Hind! Jai IOS!!

Warm regards

Dr. Jayesh S. Rahalkar

President, Indian Orthodontic Society



Secretary's Message

Dear Members,

As we step into the month of February, we have much to celebrate and reflect upon within the realm of orthodontics, as well as noteworthy achievements within our community.

Firstly, I would like to extend my heartfelt congratulations to all the participants and organizers of the 27th Indian Orthodontic Society Postgraduate Convention held in

Mumbai. This gathering served as a platform for young orthodontic professionals to exchange knowledge, present their research, and foster connections within our ever-growing community. The enthusiasm and dedication displayed during the convention are a testament to the bright future of orthodontics in our country.

Additionally, I am delighted to highlight the IOS Heritage Photography initiative that took place in the culturally rich cities of Thanjavur and Kumbakonam, Tamil Nadu. Through this endeavor, our society aims to capture and preserve the rich heritage of our country. I encourage all of our readers to explore the captivating photographs from these events, which truly encapsulate the rich cultural diversity in India.

Furthermore, I am thrilled to share a moment of pride with our orthodontic community as we celebrate the appointment of Lt. Gen. Vineet Sharma as the Director General of Dental Services. Lt. Gen. Sharma's dedication, expertise, and leadership will undoubtedly contribute to the advancement of dental care within our armed forces and beyond. We extend our warmest wishes to Lt. Gen. Sharma as he takes on this esteemed role and continues to make meaningful contributions to the field of dentistry.

In closing, I would like to express my gratitude to our readers, contributors, and supporters who continue to make the IOS times a beacon of excellence in our field. As we embark on this new month, let us remain committed to the pursuit of knowledge, innovation, and excellence in orthodontics.

Warm regards,

Dr Sanjay Labh

Hon Secretary
Indian Orthodontic Society



Editor's Message

Dear Esteemed Readers,

Let us march forward with courage, optimism, and a shared sense of purpose.

As we embark upon the threshold of March with a sense of anticipation and pride for the milestones we've achieved and the endeavors that lie ahead.

The 27th Post Graduate Convention stands as a testament to our commitment to academic excellence and professional development. This convention served as a platform for

scholars and practitioners to exchange ideas, discuss cutting-edge research, and foster collaborations that will undoubtedly shape the future of our field. The success of this convention is a reflection of the dedication and passion of all involved, and it reinforces our resolve to continue pushing the boundaries of knowledge and innovation.

In the realm of art and culture, the IOS Heritage Photography project has captured our imagination and hearts, weaving together narratives of our shared heritage through the masterful lens of talented photographers. Each snapshot encapsulates not just moments frozen in time, but stories of resilience, tradition, and cultural richness. It serves as a poignant reminder of the importance of preserving and celebrating our collective heritage for generations to come.

Furthermore, it is with great pride that we announce the elevation of Lt. Gen. Vineet Sharma to the distinguished position of General Dental Services. His ascension is a testament to his exemplary leadership, unwavering commitment to excellence, and profound contributions to our community. Lt. Gen. Sharma's appointment symbolizes not only personal achievement but also the unwavering strength and capability of our collective endeavor.

As we set sail into the uncharted waters of the coming months, let us carry forth the spirit of innovation, resilience, and camaraderie that defines us. Let us dare to dream big, to challenge the status quo, and to carve out new paths of discovery and accomplishment. Together, we possess the power to shape a future that is not just remarkable but transformative.

With gratitude for your steadfast support and unwavering commitment, let us march forward into the boundless possibilities that await us.

Warm regards,

Dr. Santosh Ramegowda

Editor , IOS Times

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27th IOS National PG Students Convention

*Host: Department of Orthodontics &
Dentofacial Orthopedics*

*Terna Dental College & Hospital
Nerul - Navi Mumbai (Maharashtra)*



The 27th IOS National PG Students Convention held at Terna Dental College and Hospital, (Navi Mumbai) from February 8th to 11th, 2024; proved to be a resounding success. The Theme of the convention was “Together Towards Tomorrow.” With over 2100 enthusiastic registrations, the event offered a unique platform for budding orthodontists to engage in scientific deliberations, network with peers and create lasting memories.

The opening two days of the convention featured intensive clinical workshops designed to refine the participants' skills. Furthermore, the event showcased the latest research and findings through an impressive number of presentations: 950 paper presentations, 750 poster presentations and 150 table clinics.

The 27th IOS PG Convention offered not just academic enrichment for postgraduate students but also a platform for healthy competition and extracurricular engagement. One exciting highlight was the OrthoQuizzics quiz competition, designed to test the knowledge and mettle of budding orthodontists. This quiz undoubtedly brought an



air of friendly rivalry and intellectual stimulation to the convention, pushing participants to sharpen their skills and stay updated on the latest advancements in their field.

Beyond the realm of academics, the convention embraced the importance of a well-rounded individual with its "Embrace 2024" sports and cultural events. This initiative encouraged participants to step outside their textbooks and engage in activities that fostered teamwork, creativity, and physical well-being. Whether it was a thrilling marathon or indoor sports, a mesmerizing dance performance, or a captivating singing competition, these events provided a welcome break from academic rigor and allowed participants to connect with their peers on a different level.



The "Embrace 2024" initiative beautifully complemented the convention's academic focus, reminding participants that a successful professional life can flourish alongside a healthy balance of work and play. In essence, this multifaceted approach fostered not only intellectual growth but also a sense of community, sportsmanship, and well-being among the participants, leaving them with a truly holistic and enriching experience.

The 3rd Day of the convention commenced with a prestigious inauguration ceremony, graced by the presence of eminent personalities. Smt. Sudha Chandran, a renowned dancer and motivational speaker, inspired the audience with her resilience and determination. Dr. Rajesh Reddy, a celebrated orthodontist, and MLA from Telangana shared his insights into the evolving landscape of the field. Further, Mr. Prithviraj Patil, a notable figure and trustee of Terna Public Charitable Trust, extended his warm welcome and highlighted the significance of such gatherings. Witnessing legends like Dr. US Krishna Nayak and Dr. Ravindra Nanda graced the event elevating the atmosphere, reminding the audience of the rich heritage and vast potential of the orthodontic profession. The winners of last years PG Convention were felicitated during the inauguration.



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The last two days of the convention buzzed with a thirst for knowledge. The event brought together a diverse range of expertise, featuring 24 guest speakers from across the country. The H.S Shaikh Oration was delivered by Dr. Gauri Vichare. A highlight of the scientific session was the panel discussion titled "The Great Orthodontic Gamble: Risks and Rewards of Adult Jaws Expansion," which likely sparked lively debate and exchange of knowledge. This extensive program provided a valuable platform for participants to stay abreast of current advancements and engage in meaningful dialogue with their peers.

The convention transcended purely academic pursuits. A bustling trade exhibition on all four days, showcased the latest dental technologies and products, allowing participants to explore potential future collaborations and career opportunities. The catering and hospitality at the convention was exceptional, the staff was incredibly accommodating. It contributed greatly to the success of the event. The grand banquet held on 3rd day provided a space for relaxation, fostering connections and friendships that will undoubtedly outlast the event itself.



Beyond acquiring knowledge and skills, the 27th IOS National PG Students Convention fostered a strong sense of community and belonging. Laughter, shared experiences, and the thrill of intellectual exchange created memories that will undoubtedly linger long after the event. The event ended with a successful valedictory function acknowledging the organizing committee, post-graduates, volunteers.

The 27th IOS National PG Students Convention successfully lived up to its expectations, offering a comprehensive and enriching experience for all participants. With its blend of scientific excellence, industry



exposure, and social connection, the event served as a valuable platform for the advancement of orthodontic knowledge and the growth of future dental professionals.





IIIrd Executive Committee Meeting

The IIIrd EC meeting of IOS was held on 11th February 2024 from 9 am to 5 pm. The venue for the meeting was the Mini Auditorium, Terna Dental College (Navi Mumbai). The meeting started sharp at 9 am with Dr. Sanjay Labh (Honorary Secretary, IOS) adorning the jewels on to Dr. Jayesh S. Rahalkar (President, IOS).

The President welcomed all the POBs and Executive Committee Members to the meeting and various agendas for the day were discussed. The various agendas were discussed accordingly. The meeting concluded with a group photograph.





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THE IOS LAURELS

LT GEN VINEET SHARMA, VSM, DIRECTOR GENERAL DENTAL SERVICES



Lieutenant General Vineet Sharma, VSM, a senior Orthodontist was appointed as Director General Dental Services (DGDS) on 1st Feb 2024. He is an alumnus of Government Dental College, Patiala. He was commissioned into the Army Dental Corps in May 1988. He completed his masters in Orthodontics and Dentofacial Orthopedics from the prestigious Armed Forces Medical College, then affiliated to Bombay University.

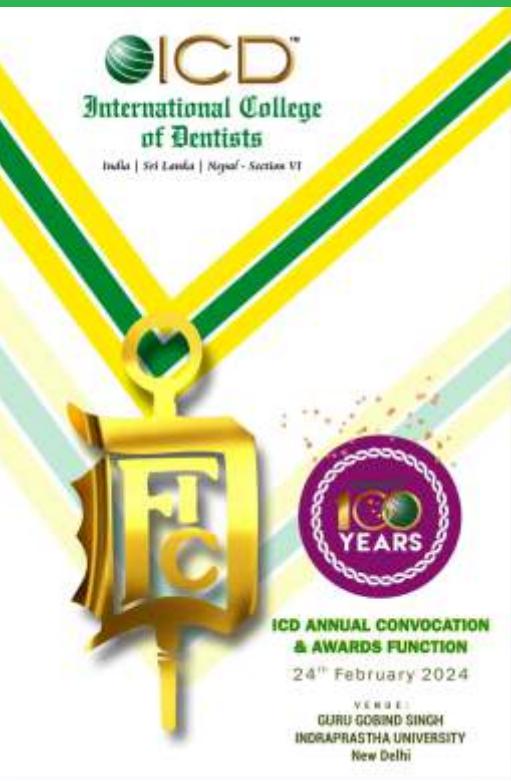


He has tenanted varied assignments during his illustrious career; assignments that have taken him from the icy heights of Ladakh to the war zone of Sri Lanka as part of the IPKF. While serving in the staff at Army Headquarters, he was involved with standardization, procurement, planning & training for the Dental Services. Apart from serving in a dental establishment of the Indian Navy he also served with the Indian Military Training Team (IMTRAT) in Bhutan on deputation.

Gen Vineet Sharma has commanded three large dental units at the Command Headquarters level. It was for his exceptional service in the Northern Command that he was awarded the Vishisht Seva Medal, a prestigious Presidential honor.

He has also been a well-respected instructor at the Armed Forces Medical College (AFMC) Pune and at the Army Dental Centre (Research & Referral) in Delhi. He is a recognized post graduate teacher of Delhi University and the MUHS. The General officer has been a reviewer for the European Journal of Orthodontics as well as the Journal of Dento Maxillofacial Radiology. He has been and continues to be keenly involved with research in the Armed Forces and has authored many publications in indexed journals. It is a proud moment for the Indian Orthodontic Society to see one of its illustrious members at the helm of the Armed Forces Dental Services. As the DGDS of the Indian Armed Forces, he has the distinction of being the only dental surgeon in the rank of a Lieutenant General in the world.

Prof O.P. Kharbanda conferred with Prestigious Dr. M.L. Soni Oration



Congratulations to Prof. Kharbanda for having delivered the Padma Bhushan Dr. M.L. Soni Oration during the 58th Annual conference and awards ceremony of the International College of Dentists on 24th Feb 2024.

Dr M.L. Soni (1909 - 1995); MBBS - 1933, LDSc - 1937 (Edinburgh); was a renowned Dental Surgeon in Delhi. Mr. Apurva Chandra, Union Health Secretary to the Government of India, conferred a plaque of Honor to Dr. O. P. Kharbanda.



Kerala University of Health Sciences – Dr. Shobha Sundareswaran Award



The Kerala University of Health Sciences (KUHS) has recently instituted an award for the State First Rank Holder in the Final MDS Degree Examination (Orthodontics and Dentofacial Orthopedics), to be presented every year. This award is named as "KUHS – Dr. Shobha Sundareswaran Academic Excellence in Orthodontics Endowment Award" and for the very first time, it was presented on February 14th 2024.



The Honorable Governor of Kerala, Shri Arif Mohammed Khan gave this award to Dr. Renu Jagan

(First rank holder for the MDS Orthodontics Examination, September 2023). Dr. Renu Jagan did her MDS (Orthodontics) from Annoor Dental College, Muvattupuzha – Ernakulam, Kerala under Dr. Gopi Krishnan (Head of Department). It is indeed an honor for him as well as the whole faculty, for such an amazing feat.



The Indian Orthodontic Society wholeheartedly congratulates Dr. Shobha Sundareswaran for such a glorious achievement of her lifetime.

Prof (Dr.) Ashish Gupta conferred with Sushruta Award



In an action packed evening on 8th February 2024, which was attended by luminaries in the field of health services at Bharat Mandapam (New Delhi);

Prof. (Dr.) Ashish Gupta was awarded the Sushruta Award in service of Health for Bharat by the Honorable Minister of Health and Family Welfare, Government of India, Shri Mansukh Mandaviya Ji.



He was the only Orthodontist for recipient of this award amongst host of luminaries amongst medical field. In a subsequent interview with News X, Dr. Ashish Gupta expressed his sincere gratitude to Almighty, parents, wife, kids, teachers and his patients along with friends & family for their constant support, encouragement and belief in him throughout his career and hoped to

serve the citizens of Bharat throughout his life.

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With great pride and delight we inform our members that Journal of contemporary orthodontics of Indian Orthodontic Society is Now SCOPUS Indexed.

We appreciate the work done by Editor in chief Dr Sarvraj Kohli and his complete editorial team and the IP Innovative Publishers.

IOS will keep working for betterment of its members and the Profession.

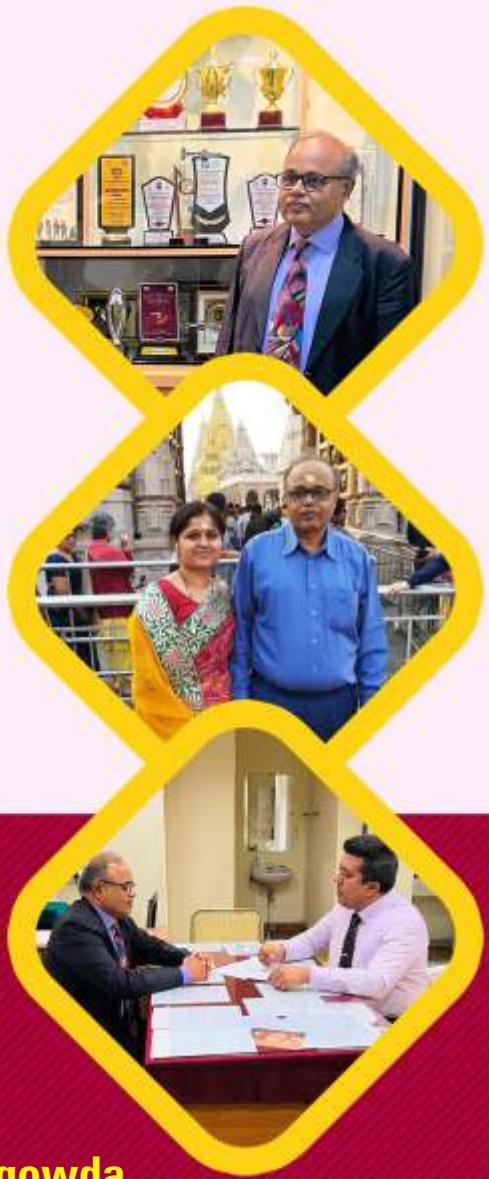
At this juncture we appreciate the efforts of all the previous Editors and Editorial Teams of JCO-IOS. Indian Orthodontic Society is proud of you all!

Dr Jayesh Rahalkar,

President

Dr Sanjay Labh,

Hon Secretary



DR. N.G. TOSHNIWAL THE 'LEGEND' OF LONI!

Interviewed by
Dr. Ankit Sikri (Section Editor)
@ Rural Dental College
Loni (Maharashtra)

Interviewed Virtual
Dr. Santosh Ramegowda
@ Zoom Platform
Bengaluru

Childhood Days

Dr. Toshniwal was born on 7th September, 1968 at Pune in a lower middle class family. His father, Mr. Girijalal Toshniwal (now retired ex engineer, M.S.E.B.) had a service in the State Electricity Board. As the job was transferrable in nature, his schooling took place in local Marathi medium schools at various places across the state. Majority of the schools with science stream were in Ahmednagar then. His mother, Mrs. Meena G. Toshniwal, is a home maker. He is blessed to have his parents, a younger brother and a sister as siblings.

The Dentistry Debut

He always wanted to pursue medicine but he lost his admission in a government medical college by a mere one mark. He secured 93.66% but for the admission to happen, 94% was required. It was quite a low time for him, losing his admission in the medical college.

To his good fortune, he was staying in his maternal grandparents' house in Pune during this phase & Late Dr. Sable (a renowned Orthodontist) happened to be his neighbour. It was at that time Dr. Sable convinced him to join dentistry. He took admission in Government Dental College, Aurangabad in the year 1986 and after that;



there was no stopping for him. He secured distinction in all the subjects during graduation and always was a topper of the university examinations. He was awarded with a Gold Medal for his meritorious achievements. As he was so inspired by Dr. Sable, he took admission in MDS in the branch of Orthodontics in Government Dental College, Nagpur in the year 1990 under the guidance of Dr. (Mrs.) P.V. Hazarey. He completed his MDS in 1993 in the first attempt.



Family Life

He got married to Dr. (Mrs.) Archana, a dental surgeon from VPDC - Sangli; on 20th June, 1996. He was blessed with two daughters and one son. His elder daughter, Miss Vaishnavi is a chartered accountant (IIM Ahmedabad alumnus). She is married to Eng. Rohit Mundada and presently staying in Pune. His second daughter, Dr. Gayatri has done MBBS and is preparing for her NEET PG Exam. His younger son, Mr. Gaurav is also a chartered accountant and has a job at Aditya Birla Finance Ltd., Mumbai.

Credentials

After passing his Masters, he joined Rural Dental College (Pravara Institute of Medical Sciences, Loni) as a lecturer. Now after good thirty years of his service, he is currently serving as Professor & Head of the department. He is the HOD since the year 2003. He is teaching both the PGs and PhD students for almost an era now. He has been the MDS and PhD examiner for almost all the universities across the nation. He is also the Council visitor and inspector for the UG & PG courses. He has the honour of conducting 21 national symposiums at Loni and he also came up with a unique idea of conducting the exam orientation symposiums which was first done in his university only. He further took this idea to Indian Orthodontic Society.



He has this knack of keeping things as unique as possible. One such thing is Monograms. In a form of library dissertation; his department honours the contribution of Orthodontic researchers and legends. These dissertations are prepared as monograms and they have already prepared up to hundreds of these. The collection of these monograms is something new and unique to the world of academics.

Along with his job, he also has a roaring private practice in Ahmednagar along with his wife as 'Hiramati Dental & Orthodontic Care Centre.' He has completed almost 19 years as a practitioner. He is supposed to be the first Orthodontic practitioner in Ahmednagar and nearby districts. He has worked hard in bringing Orthodontic awareness in the urban as well as rural population. He did so by conducting camps, radio speeches, writing & publishing articles in newspapers. His practice evolved slowly from removable appliances to conventional Orthodontics and now to Aligners.

He has this honour of innovation of many appliances for the service of rural population which primarily includes modifications of fixed twin blocks. He has conducted many courses at the University & national level on functional jaw orthopaedics and has also published numerous articles on the same. He also had the esteemed opportunity to write a chapter in Orthodontic textbook authored by Prof. O.P. Kharbanda.

His Role Models

His ideal has always been Late Dr. R.B. Sable, a renowned Orthodontist from Pune. His moral support and guidance has given him a path for a professional life. "He was a great teacher, an eminent clinician and a great



human being. It is unfortunate that he is no more with us now" (remembers with folded hands - Dr. Toshniwal)

He also gives credit to his guide, Dr. (Mrs.) P.V. Hazarey who is the Ex Dean, Professor & Head, GDC Nagpur. She was the one who moulded him in this profession and also his spiritual journey. For his clinical knowledge, he bows his head to Dr. Jagdish T. Nainani, Dr. V.W. Deskar & Prof. Wasundhara Bhad. When he started his academic career, he started idolizing Dr. V.P. Jayade, Dr. Sadashiva Shetty and Prof.(Dr.) Om Prakash Kharbanda.

Throughout his life, the driving force has been his parents and teachers. He still has that hunger of doing the best for the profession and his patients.

Loni, Legend & His Laurels

He has received several awards and honours from University. Colgate Palmolive (India) Gold Medal & IDA honour award for standing First in all BDS Exams and securing distinctions, was the first amongst the list. He won Post graduate quiz competition at all India level in IOC Lucknow (1992). He was awarded the Best Scientific Paper in 29th IOC (Kodaikanal), 41st IOC (Chennai), 42nd IOC (Nagpur) and 43rd IOC (Mumbai).

He has delivered Guest Lectures and Keynote addresses at various national conferences and at IDA podiums too. He delivered the most prestigious Dr. H.L. Shaikh Oration Lecture at 26th IOS P.G. Convention at Lucknow in February 2023. He has also completed his Masters in Public Health (MPH) with distinction and worked as a COVID Warrior along with W.H.O. and UNICEF through the Pravara University.

He has also worked on syllabus and curriculum as a committee member for Dental Council of India. He has also worked on National Bioethics as a committee member. As far as Indian Orthodontic society is concerned, his achievements speak volumes as a life member. He has served as the Section Editor of JIOS. He has been the Scientific Chairperson of 42nd IOC, Nagpur. He has attended all the Indian Orthodontic Conferences in the last thirty years including the PG Conventions. He was instrumental in formulating the Ahmednagar Orthodontic Study Group. He has been a judge, panellist and session chairperson in

various national events.

Words of Wisdom for the youngsters

One should always use "Learn, Unlearn & Relearn" philosophy. Be a student forever. Use digital library resources and do refer to the Cochrane database as a 'living document'. Follow all the protocols, respect the third phase and do give the pre-treatment retention protocol. Be a biologist rather than a mechanical mind. Always respect Nature and follow three envelopes – 'Envelope of discrepancy, Envelope of motion & Envelope of function'



Have faith and patience. Respect the passion and follow the perseverance in it. Develop soft skills and communication. Respect the rural or poor population and consider them for accessible, accountable and affordable orthodontic treatment. Respect your teachers as your own family members and do learn financial management – a skill which is not covered in any book.



CENTRAL LIBRARY

(Pravara Institute of Medical Sciences, Loni)

This library coverage is a mode to honor the humongous efforts being put by Dr. N.G. Toshniwal (Professor & Head, Department of Orthodontics) in developing one of the best central libraries of India in P.I.M.S. (Loni, Maharashtra).

Dr. Ankit Sikri: Sir, kindly enlighten us – How did the notion of developing this library came into your mind?

Dr. N.G. Toshniwal: In the year 2002, we had DCI compliance for the library deficiency. We, the staff of the college, were certainly not happy with this discrepancy and it affected a lot to me as well at that time. Next year, in 2003, Dr. V.P. Jayade (Ex Professor & HOD, SDM Dental College – Dharwad) came as a DCI inspector. After the inspection got over, he called me and just said one line which engraved in my mind thereafter. He said “Library is a temple for the students, so the books as well as the journals become the real teachers”. He advised me to develop the library with the support of management. I took Sir’s advice seriously and started thinking to show the best library content to him in the years to come. It was like an eye opener for me. After making a rough plan, I approached the management with a dream to make this library as one of the best. I requested them to support me in the best possible way. They kindly agreed to this request of mine and there was no stopping for me after that.

A.S. - Sir, How did you start this dream project of yours?

N.G. - After all the necessary permissions from the management, I started approaching all the publishing houses throughout the world and started with the purchase of best journals including their back volumes. It took me 14 – 15

years to gather all the journal titles from the year 1900 till 2023. I am very happy to say that today we have almost 860 book titles along with the journal series. Some of them are Growth series published by Michigan University, R.M.O. series, G.A.C. series and other relevant series pertaining to Orthodontics.

A. S. - Sir, the collection of journals look amazing. Kindly let us know about this?

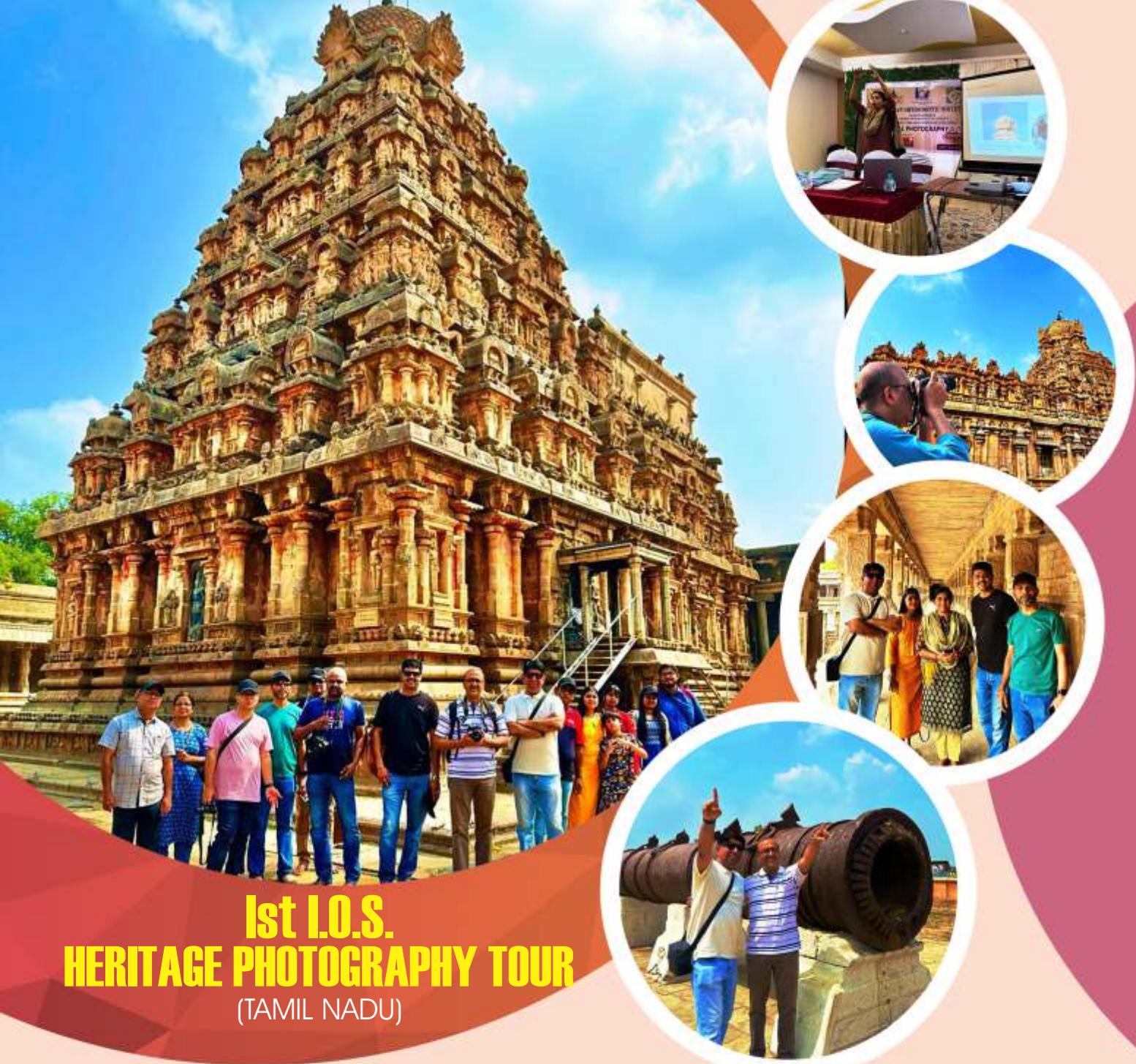
N.G. - We have all the journals from Volume 1 onwards. American Journal of Orthodontics & Dentofacial Orthopedics (AJODO) is from the year 1915 till date. Angle Orthodontics (AO) is from 1931 till date. Like this, we have almost 14 journals which are there since their inception. For me, the most prestigious collection are the journals of Functional Orthodontics, Journal of Orofacial Orthopedics and so on.

A.S. – Are you happy and satisfied after achieving this dream of yours?

N.G. – Yes, I am. I will continue to update myself and this library. In the terms of ‘Content’, this is World’s Best Library. “Obviously it has to be, almost 4 – 5 crores have been spent in updating it”

Ankit Sikri – Sir, it is indeed an honor to cover this report on the central library of PIMS (Loni). Your untiring efforts have certainly made it reach the top. It is a well-deserved accolade for you sir and I am sure your dream has finally come true!

Dr. N.G. Toshniwal – Thank you Ankit. I am sincerely grateful to Indian Orthodontic Society and IOS TIMES for acknowledging my hard work. I will keep working for my dream till eternity.



1st I.O.S. HERITAGE PHOTOGRAPHY TOUR (TAMIL NADU)

The Indian Orthodontic Society in association with Madras Orthodontic Study Group & South West Tamil Nadu Orthodontic Study Group organized a Heritage photography programme at Tanjore (Tamil Nadu) that combined a heritage tour and photography sessions. Spread over two days (23rd & 24th February, 2024); it was a meticulously curated itinerary by the Organizing Chairman, Dr A.V. Arun and Organizing secretary, Dr Edeinton Arumugam. The programme was graced by Dr. Jayesh Rahalkar (President IOS) and Dr. Silju Mathew (Past President IOS).

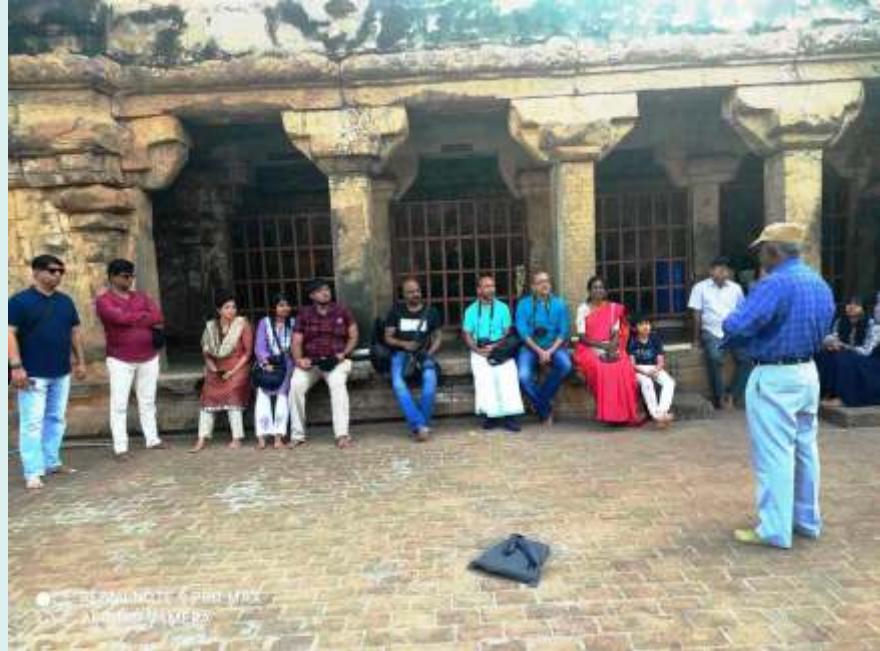
Dr. Sangeetha Duraisamy and Dr. Uma Revathy gave some enlightening lectures on the Chola Architecture.

18 delegates participated with zeal to discover the Chola legacy in the architectural splendor of Brihadeshwara Temple (Thanjavur Periya Koil), Kallanai and Dharasuram. Insights into the history and design of these UNESCO world heritage sites were shared in the form of lectures. The exquisite structures were captured by the enthusiastic delegates. Photographs were judged for prizes in two categories, DSLR and Mobile, in each of the three sites. A first of its kind initiative, this Explore India programme is another feather in the cap of the Indian Orthodontic Society.





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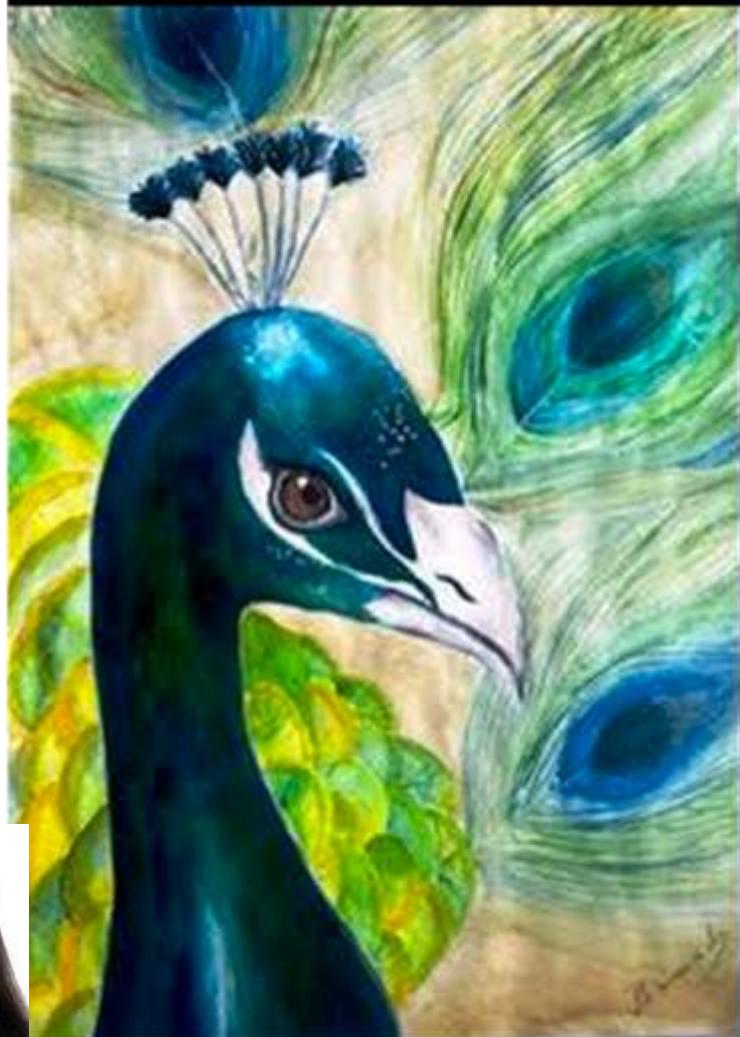


Dr. Sharmada B.K. completed her BDS from Bangalore Institute of Dental Sciences, Bangalore (2008) and went on to complete her MDS from Sri Raja Rajeshwari Dental College, Bangalore (2011) and is currently pursuing her PhD under RGUHS. She is currently working as an Associate Professor at Sri Siddhartha Dental College, Tumkur and running her practice at South Bangalore. She has thirteen years of teaching experience along with 28 national and international publications. She also has authored a book called "Prep Manual of Orthodontics (1st edition) in the year 2016.

Art has been a profound and intrinsic part of her identity, providing her with a unique avenue for self-expression and exploration. From an early age, she found solace and joy in the world of

BEYOND ORTHODONTICS

Dr. Sharmada B.K.



creativity and art has become a language through which she could communicate her innermost feelings, transcending the limitations of verbal expression.

Moreover, she found inspiration in the diversity of artistic styles and movements. As she delved deeper into her artistic journey, she discovered that art has the power to transcend boundaries and connect people on a profound level. It is not merely a hobby or a skill but a deeply ingrained part of who she is.

She has displayed her paintings in few exhibitions, the latest one being "Divya Varna" - an Indian art Exhibition where the theme was "Sristi, Sthiti and Laya" (Creation, Preservation and Destruction) where she depicted a goddess blessing the entire universe representing Stithi.

Best Wishes for a bright future, Dr. Sharmada!



AUTHORS AMONGST US

Dr Rohan Mascarenhas

Former Professor and Head
Dept of Orthodontics and Dentofacial Orthopedics
Yenepoya Dental College
Yenepoya (Deemed to be University)
Mangalore, Karnataka, India
Email ID: rohanorthodontics@gmail.com
Website: www.rohanmasc.in



About the book:

Orthodontics and Dentofacial Orthopedics is very complex and fascinating subject in the field of dentistry and has evolved in treatment philosophy over many generations with the contribution of various pioneers in Orthodontics.

The rapidly advancing and diverse scope of Orthodontics makes it essential for us to lay a strong foundation and understand the basic concepts of this subject. This book has been written to simplify the concepts and fundamental principles in the field of Orthodontics for undergraduates, post graduates and practitioners. The main feature of this book is the manner by which each topic has been explained with simplicity.

Simple and lucid language has been used as much as possible. Extensively labelled illustrations and photographs have been used wherever required. Concise boxes, tables and flowcharts in each chapter have been highlighted by distinct colours to help in learning and understanding.

This book will prove useful to the undergraduate students to cultivate an interest in Orthodontics. Postgraduates will also find it useful in order to understand many basic concepts which in turn facilitate complete understanding of orthodontics. For the practitioner it will be a must have book. All efforts have been made to include inputs from various stalwarts in this field.

I am so proud and glad to have dedicated this book to my mentor and teacher Dr V. Surendra Shetty who was instrumental in shaping me as an Orthodontist and has always stood by me. The forewords the stalwarts of Orthodontics, Dr. K. Sadashiva Shetty, Dr N.R. Krishna Swamy, Dr US Krishna Nayak and Dr. Akhter Husain has truly humbled me.

About the Author:

Awards:

- Indian Orthodontic Society - IOS Research Award for Life Members – 2010, 2012, 2014
- Best Teacher Award - 2018, Professor Category, Yenepoya University 2018
- The Most Proactive (Sr.) Academician for the year- 2018-2019 by Guident.
- Outstanding Contribution in Reviewing by American Journal of Orthodontics & Dentofacial Orthopedics, USA - 2014, 2015, 2016, 2017, 2018, 2019
- Invisalign PLATINUM Provider 2022, 2023

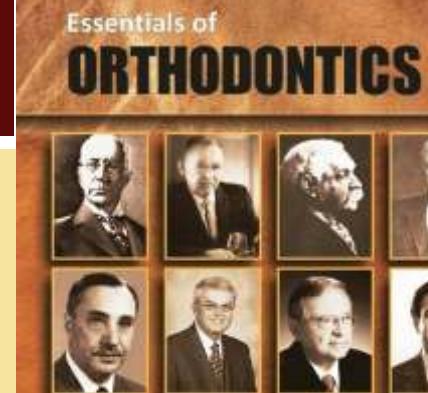
Other Books:

- Contributed: Orthodontics: The Art and Science, (ISBN -81 86809 46 3)
- Contributed: Chapter 29 - Ethics in Orthodontics, Treatment Protocols for Practitioners: by Indian Orthodontic Society
- Editor: Compendium of Scientific Proceedings – IOSMYC – 2014 Spain
- Editor: Compendium of Scientific Abstract – Yen conclave – 2016 Mangalore

Patents Granted: 9

Publications: 72

Scientific Presentations: 62



Rohan Mascarenhas

Foreword
K. Sadashiva Shetty
Akhter Husain

New Foreword
N.R. Krishna Swamy
US. Krishna Nayak

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ISBN: 978-93-86480-25-2



ORTHODONTIST COUPLE AMONGST US

Dr. Girish & Dr. Anshul Chaudhary

Dr. Girish Chaudhary is currently an Associate Professor in Baba Jaswant Singh Dental College, Ludhiana. He is also a practitioner and Orthodontic consultant. Dr. Anshul is an Associate Professor too and she is attached to Christian Dental College, Ludhiana. She is an academician par excellence and a renowned artist.

1. Kindly tell something about your childhood and schooling.

Dr. Girish - I was born and brought up in Delhi and my childhood was full of curiosities and exploration. I was always fascinated by how things worked and often took apart my toys to explore them from inside. My parents encouraged my curiosities and enrolled me in various science camps and robotic clubs. As for schooling, I did my studies till 12th from Delhi itself where I excelled both in Maths and Biology. With continued interest in both subjects, I managed to clear Engineering as well as Medical exams.

Dr. Anshul - I was born in a small town named Indri (Karnal) and I did my initial schooling there itself. Being in a very small town, I was not exposed to so much resources and facilities like a Delhi girl. So, my childhood was spent playing the outdoor games and roaming around the farms as I have an agricultural background. For the higher studies, from IXth - XIIth standard, I shifted to my paternal uncle's place in Ambala (Haryana)



2. How did you choose Dentistry and then Orthodontics?

Dr Girish - Though I enjoyed the logical challenges of maths which taught me how to think critically and solve the problems. This passion led me to join engineering as my career, but that was the recession phase for engineering career and my father being an engineer knew the challenges for a fresher and pushed me to become a dental surgeon. Because of interest in Maths and Physics, I was always curious to know about the force vectors required for movements of teeth and jaws and then the challenge of optimizing force vectors for minimal patient discomfort and optimal results fascinated me to pursue my PG in Orthodontics.



Dr Anshul- Honestly speaking, I did not secure the rank enough to get into MBBS so the only option I was left was doing BDS. I was always fascinated by root canals but when I appeared for my MDS counseling of Haryana state, all seats for Endodontics branch were filled up. Luckily, there was a single seat in Orthodontics and I opted for it.



3. Where did you both meet at first?

Ans: In the Department (Both laugh out loud)

4. How do you both take it - Husband and wife in the same profession?

Ans: We take it very easy being in the same profession. We have lots of things to discuss all about orthodontics, like taking second opinions. And who minds when you have an MDS assistant while working on patients. We both work as each others' attendants as and when needed.

5. Who amongst you both is an academician and a prolific practitioner?

Dr Girish – I am a prolific practitioner and Anshul is an academician.

6. Do you feel there is a difference of opinion between both of you whenever it comes to Orthodontics in particular?

Dr Girish- Being trained by same Guru, there are less chances of differences in opinion when it comes to Orthodontics. But the controversy always remains between a practitioner and an academician about who is right; either the clinical experience or the book! And you know; sometimes, you can't go against her..!!!!



Dr Anshul- Yes! sometimes. But most of the times, it's like a healthy discussion, asking for a second opinion.

7. How does your family cope up with your busy schedule while practice?

Dr Girish - No weekends - No Sundays - No Sundays. When it comes to consultations! But still, an academic job in the dental college gives lots of time in weekdays to take care and spend time with my family. Anshul is very supportive and after her fixed hour's job, she takes a lead role in taking care of our son. We are fortunate enough to have the supporting parents in all aspects. In our absence, our son is very well taken care of by my parents.

Dr Anshul - Girish supports me in whatever ways he can, especially in our child's maths homework. Rest, I am blessed to have my in laws who support me like their own daughter.

8. Any words of wisdom for the other couples who are in the same field of orthodontics?

Enjoy growing, glowing and getting older together in the beautiful journey of Orthodontics. Of course, money is crucial part of your livelihood but maintain a balance between family and finance. Be wise and spend a quality time with family.

9. Words of wisdom (in general) for all the budding orthodontists?

There are no shortcuts. Every challenge is one step for the growth; every set back is a lesson. Stay committed to excellence always!



The 1st Odisha Orthodontic Summit



Ortho – Shodhanam

A well - organized, informative scientific symposium; Ortho-Shodhanam: The 1st Odisha Orthodontic Summit was held in the city of Temples – Bhubaneswar (Odisha) on the 13th and 14th day of January, 2024. A total of 120 orthodontists including life members and student life members which also included HODs and post-graduates from various dental colleges of India registered for this two day event.

This program was graced by Dr. Jayesh S Rahalkar, (President IOS) and Dr. Puneet Batra (President Elect IOS). A special mention of gratitude includes the Chief Patron of the summit, Dr. P.C. Das. The keynote speakers of this event were Prof. Dr. N.R. Krishnaswamy, Prof. Dr. Rabindra S Nayak, Prof. Dr. Shobha Sundareswaran, Prof. Dr. Puneet Batra and Prof. Dr. Suryakant Das. The eminent speakers were Prof. Dr. Partha Pratim, Prof. Dr. Navya P, Prof. Dr. Arvind Mengi and Dr. Digant Thakkar who provided their insights on various topics based on the current scenarios in Orthodontics.

A souvenir booklet – Ortho Shodhanam was unveiled on the Day 1 of the Summit. The event featured Quiz competition and paper and poster-presentations that showcased the essence of Orthodontics in a lively and informative manner. The summit was first of its kind that also organized a grand cultural extravaganza that included singing competition, dance competition, fashion show and the gala dinner cum banquet in the cold evenings of the event.

To add an extra layer of excitement, IOS mementos as prizes were awarded to the winners, turning the competitions into a spirited showcase of talent and camaraderie. The Summit was a grand success due to the relentless hard work of Organizing Chairman, Dr. Ashish Kumar Barik; Organizing Secretary, Dr. Anand Garabadi; Chairman –Scientific, Dr. Pavithra M. Bai along with the entire organizing committee of the event including the convenors of Bhubaneswar Orthodontic Study group.





MOSG CYCLE RALLY

"ECO FRIENDLY MILES, ENDLESS SMILES"



MOSG Cycle Rally - 2024 began with a captivating theme of "ECO FRIENDLY MILES, ENDLESS SMILES" - Orthodontists on move! The cycling rally set off from Dr. Arun's Vintage Camera Museum, Chennai at 5.30 am on February 4th. Dr. N.R. Krishnaswamy (H.O.D, Ragas Dental College and Hospital) flagged off the cycling event.

There were 150 eager participants who rode their bicycles approximately 21 kms through the breathtaking sceneries of East Coast road to arrive at the destination, Mahabalipuram.

A few beach activities were planned to invigorate the attendees. We had two passionate cyclists, Dr. Kannan Sababapathy (Dean and HOD, Sri Balaji Dental college and Hospital) and Dr. Uma Revathy (Professor, Sri Venkateshwara Dental college and Hospital) as our instructors.

The occasion was celebrated by special guests Dr. Edienton Arumugam (Vice President, IOS), Dr. A.V. Arun (Past Honorary Secretary, IOS), Dr. M.K. Anand (Past Convenor, MOSG) and Dr. Gnana Shanmugham (Past Joint secretary, IOS)



The event was enthusiastically organized by MOSG convenor, Dr. Shahul Hameed Faizee along with the co - convenors, Dr. Vijay Adith and Dr. Rekha Bharadwaj.



OBITUARY



Dr. G Shivaprakash

1964 - 2024

It is with heavy hearts and profound sadness that we come together to pay tribute to a remarkable individual, Dr. G Shivaprakash, who served as an esteemed guide for many but also as the inspiring Head of Department. Dr. G. Shivaprakash left an indelible mark on the lives of his students and the news of his passing has certainly left a void that cannot be easily filled.

Dr. Shivaprakash was more than just a mentor, a guiding light, illuminating the academic and professional paths with wisdom, encouragement and unwavering support. His commitment to education and the development of his students was evident in every lecture, discussion and piece of advice he shared. Dr. Shivaprakash possessed a rare combination of expertise, passion and empathy that made him not just an educator but a role model.

As the Head of Department, Dr. Shivaprakash led with grace and dedication. He was instrumental in fostering an environment of innovation, collaboration and excellence within the department. His visionary leadership laid the foundation for countless achievements and milestones that College of Dental Sciences, Davangere continue to celebrate.

Beyond his professional accomplishments, Dr. Shivaprakash was known for his kindness, warmth and approachability. He had a unique ability to make every student and colleague feel valued and heard. Many of us have fond memories of the times he went above and beyond to support us, whether academically or personally.

As we mourn the loss of Dr. Shivaprakash, let us remember and celebrate the life he lived. His legacy will endure through the countless lives he touched, the knowledge he imparted and the inspiration he provided. In our hearts he will forever remain a symbol of dedication, wisdom, and compassion.

Our thoughts and prayers go out to his family and loved ones during this difficult time.

May he rest in peace!

In deepest sympathy, Indian Orthodontic Society

UPCOMING PROGRAMS



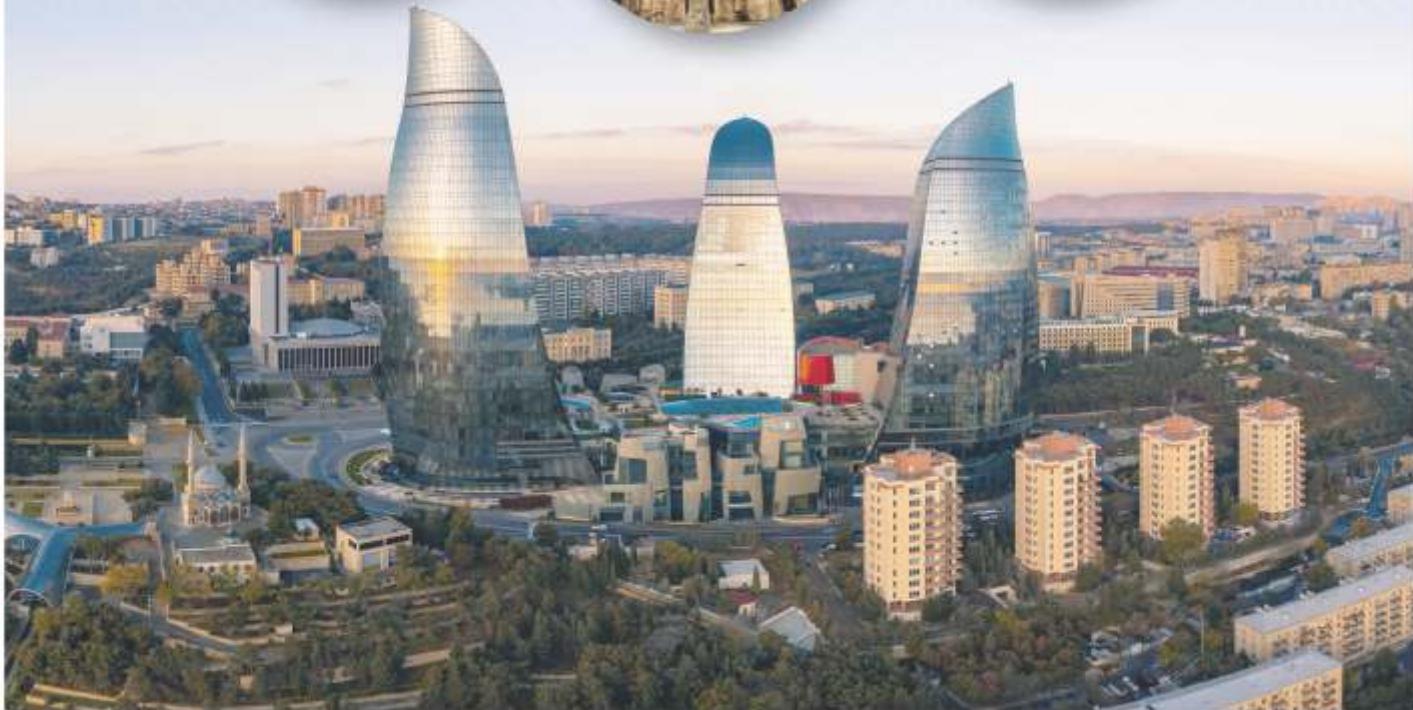
INDIAN ORTHODONTIC SOCIETY



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07th to 12th April 2024
5 Nights & 6 Days

Azerbaijan LAND OF FIRE

BAKU | GOBUSTAN | OLD TOWN | ABSHERON | SHAHDAG
YANARDAG | HEYDAR ALIYEV CENTER & MUSEUM



Brief Itinerary

- Day 01 Arrival in Baku | Check In to the Hotel
- Day 02 Yanardag & Ateshgah Temple Tour | Baku Old City Tour
Bollywood Gala Night at Indian Restaurant with Music, Local Folklore etc.
- Day 03 Half Day Conference at the Hotel with Lunch | Spouse/ Kids Shopping Tour
Baku City Tour | Dinner at Indian Restaurant.
- Day 04 Full Day Shahdag Tour with Cable Car Ride & Local Lunch | Dinner at Indian Restaurant.
- Day 05 Full Day Gobustan Tour with Mud Volcanos | Lunch
Heydar Aliyev Center & Museum Tour | Presidential Dinner With Music
Local Folklore etc at a Beach Side Restaurant
- Day 06 Surprise Fun Activities | Lunch | Free Time For Shopping
Dinner | Transfer To The Airport



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Organising Chairman



DR. DIVYAROOP RAI
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Rational Ethical Clinical Excellence
2023-24



An Institutional IQAC Initiative

Dr. D. Y. Patil Dental College & Hospital, Pimpri, Pune-18



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An update on Contemporary Clinical Trends

19th & 20th April, 2024

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Host :

Department of Orthodontics & Dentofacial Orthopedics

Dr. D. Y. Patil Dental College & Hospital, Pimpri, Pune – 18

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Accommodation & Trade
Dr. Dnyanesh Shul

Registration Fees (Including GST)

Registration Category	IOS Student Life Members
Till 9th April 2024	Rs 3000 + Rs 540 = Rs. 3540
From 10th April – 20th April 2024	Rs 3500 + Rs 630 = Rs. 4130
Registration Category	IOS Life Members
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From 10th April – 20th April 2024	Rs 4500 + Rs 810 = Rs. 5310
Banquet Charges – Rs 1500 + Rs 270 = Rs. 1770	

Registration fee includes Registration kit, Entry to Scientific Sessions & Trade Breakfast, Tea/Coffee and Lunch for 2 days

Registration link (Clickable)

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For any queries contact :

Scientific Conveners : Dr. Chaitra Mastud +91 788020445

Dr. Asmita Kharche +91 9922075511

Registration : Dr. Pranshu Mathur +91 8318159202

“Rational Ethical Clinical Excellence!!” 2023-‘24



www.iosweb.net

Calendar of Events from September 2023 to September 2024



S. No	Event	Date	Day	Venue / Place	Contact Person	Phone. No	Email id
1.	1 st EC Meeting	17 th September 2023	Sunday	Meerut	Dr. Pradeep Raghav Dr. Vaibhav Mishra	9837175914 9897146669	drpradeepraghav@gmail.com vaibhavmisra@gmail.com
2.	National Orthodontic Week	5 th to 12 th October 2023	One week	All over India			
3.	National Orthodontist Day	5 th October 2023	Thursday	Virtual	Dr. Sanjay Labh	9313483570	sanjaylabh@gmail.com
4.	IOS Friday Rendezvous	20 th October 2023	Friday	Virtual	Academic Council Dr. Ajay Kubavat	9824122642	kubavatajay@gmail.com
5.	Practice Management & Ethical Marketing	28 th , 29 th October 2023	Saturday, Sunday	Hyderabad	Dr. Shubhaker Juvvadi	9949095427	shubhaker@gmail.com
6.	1 st North East Orthodontic Symposium	5 th November 2023	Sunday	Guwahati	Dr. Mitali Bora	9864032051	mitalibora65@gmail.com
7.	Aligner Master Class	17 th November 2023	Friday	Virtual	Academic Council Dr. Sonahita Agarwal	8948254744	drsonahita@gmail.com
8.	Functional Appliance Workshop	23 rd , 24 th November 2023	Thursday, Friday	Lucknow	Dr. Jitendra Bhagchandani	9893289804	jitendrabhagchandani@rockemail.com
9.	1 st J&K Orthodontic Symposium	25 th , 26 th November 2023	Saturday, Sunday	Jammu	Dr. Akshay Gupta	9419191628	akshayshivali@gmail.com
10.	2 nd EC Meeting	3 rd December 2023	Sunday	Virtual	Dr. Sanjay Labh	9313483570	sanjaylabh@gmail.com
11.	JIOS Chronicles Webinar	8 th December 2023	Friday	Virtual	JIOS Committee Academic Council	9840237177	theorthodontist@gmail.com
12.	IBO Awareness Program	11 th December 2023	Monday	Trivandrum	Directors of Indian Board of Orthodontics Dr. Mala Ram Manohar	9895105683	ibosecretary@iosweb.net
13.	Interdisciplinary Symposium	15 th , 16 th December 2023	Friday, Saturday	Bengaluru	Dr. O.P. Karbanda Dr. Silju Mathew	9899062144 9886500333	dr.opk15@gmail.com drsmathew@gmail.com
14.	“Pragya” PG Orientation Program	27 th , 28 th December 2023	Wednesday, Thursday	Amritsar	Dr. Sukhdeep Singh Kahlon	9888897473	singhkahlon@yahoo.com
15.	Orthodontic Symposium	6 th , 7 th January 2024	Saturday, Sunday	Modinagar	Dr. Vaibhav Mishra	9897146669	vaibhavmisra@gmail.com
16.	IBO Awareness Program	7 th January 2024	Sunday	Chandigarh	Directors of Indian Board of Orthodontics Dr. Mala Ram Manohar	9895105683	ibosecretary@iosweb.net
17.	IOS Golf Tournament	8 th , 9 th January 2024	Monday, Tuesday	Coorg	Dr. Gautham Reddy	9900620536	drgouthamreddy2000@gmail.com
18.	“Pragya” PG Orientation Program	12 th and 13 th January 2024	Friday, Saturday	Indore	Dr. Ashish Garg	9826340056	drgargs_1@yahoo.com
19.	IOS Friday Rendezvous	19 th January 2024	Friday	Virtual	Academic Council Dr. Jitendra Bhagchandani	9839289804	jitendrabhagchandani@rockemail.com
20.	Practice Management & Ethical Marketing Symposium	20 th , 21 st January 2024	Saturday, Sunday	Ahmedabad	Dr. Ajay Kubavat	9824122642	kubavatajay@gmail.com
21.	Republic Day Celebration	26 th January 2024	Friday	Virtual	Dr. Sanjay Labh	9313483570	sanjaylabh@gmail.com

22.	IBO Phase II (Written Examination)	28 th January 2024	Sunday	Virtual	Dr. Rajaganesh Gautam Dr. Mala Ram Manohar	9890389945 9895105683	ibosecretary@iosweb.net
23.	IOS PG convention	8 th to 11 th February 2024	Thursday to Sunday	Mumbai	Dr. Shailesh Shenava	9820211581	drsalleshs@yahoo.co.in
24.	3 rd EC Meeting	11 th February 2024	Sunday	Mumbai	Dr. Shailesh Shenava	9820211581	drsalleshs@yahoo.co.in
25.	Aligner Master Class	16 th February 2024	Friday	Virtual	Academic Council Dr. Ajay Kubavat	98241	kubavatajay@gmail.com
26.	Digital Orthodontics Symposium	29 th February, 1 st March 2024	Thursday, Friday	Kolhapur	Dr. Amir Shaikh	9422613939	amirshaikhortho@gmail.com
27.	Orthodontic Premier League	8 th , 9 th March 2024	Friday, Saturday	Dharwad	Dr. Roopak Naik	9449028869	roopakorthod@gmail.com
28.	JIOS Chronicles Webinar	15 th March 2024	Friday	Virtual	JIOS Committee Academic Council	9840237177	theorthodontist@gmail.com
29.	Third Invisible Orthodontic Symposium	16 th , 17 th March 2024	Saturday, Sunday	Chennai	Dr. Kannan Sabapathy	9840453666	kannanace@gmail.com
30.	IOS Wild life and Clinical photography Workshop – National	22 nd , 23 rd , 24 th March 2024	Friday to Sunday	Kabini	Dr. Raghuandan Chundri	9845187614	drraghucvl@yahoo.com
31.	Clinical Grandeur - IOS Symposium on Clinical Case Report and online IBO Awareness Program	28 th , 29 th March 2024	Thursday, Friday	Virtual	Dr. Suryakant Das Dr. Rajaganesh Gautam	9861099237 9890389945	orthosuryakantadas@gmail.com rajaganeshgautam@yahoo.co.in
32.	20 th Mid-Year Convention	7 th April to 14 th April 2024	Sunday to Sunday	Destination will be soon disclosed	Dr. Gaurav Gupta	9860467872	drgauravg@gmail.com
33.	Bond with Best – Clinical Enrich	19 th , 20 th April 2024	Friday, Saturday	Pune	Dr. Rajaganesh Gautam	9890389945	rajaganeshgautam@yahoo.co.in
34.	4 th EC Meeting	21 st April 2024	Sunday	Pune	Dr. Anand Tripathi	9422560650	anand.tripathi86@gmail.com
					Dr. Gaurav Gupta	9860467872	drgauravg@gmail.com
35.	IOS Friday Rendezvous	26 th April 2024	Friday	Virtual	Academic Council Dr. Sonahita Agarwal	8948254744	drsonahita@gmail.com
36.	IOS contingent at AAO 2024 Global Indian Orthodontists Get Together	3 rd to 6 th May 2024		New Orleans, Louisiana	Dr. Jayesh S Rahalkar Dr. Nikhilesh Vaid	9822056681 9820644222	jayeshrahalkar@gmail.com orthonik@gmail.com
37.	World Orthodontic Health Day National Orthodontic Diagnostic Drive	15 th May 2024	Wednesday	Pan India	Head Office Study Groups Orthodontic departments in Dental Colleges all over the country Pan India		
38.	Aligner Masterclass	17 th May 2024	Friday	Virtual	Academic Council Dr. Jitendra Bhagchandani	9839289804	jitendrabhagchandani@rockemail.com
39.	National Integrated Typodont Workshop – North Zone	29 th , 30 th , 31 st May 2024	Wednesday, Thursday, Friday	Noida	Dr. Anshul Singla	9871455802	dr.anshul@yahoo.co.in
40.	Zonal PG Convention – South Zone	3 rd , 4 th and 5 th June 2024	Monday, Tuesday, Wednesday	Malappuram, Kerala	Dr. Sam Paul	8921406622	info@exodusdental.com
41.	JIOS Chronicles Webinar	14 th June 2024	Friday	Virtual	JIOS Committee Academic Council	9840237177	theorthodontist@gmail.com
42.	Zonal PG Convention – North Zone	21 st , 22 nd , 23 rd June 2024	Friday, Saturday, Sunday	Muradnagar, Ghaziabad	Dr. Payal Sharma	9212708451	drpsharma25@yahoo.com
43.	National Integrated Typodont Workshop – South Zone	27 th to 29 th June 2024	Thursday to Saturday	Davangere	Dr. Kiran Kumar	9886040122	kiranortho77@gmail.com

44.	ROAR	3 rd July 2024	Wednesday	Virtual	Dr. Vignesh Kailasam	9840237177	theorthodontist@gmail.com
45.	IOS National Cleft Workshop	5 th , 6 th July 2024	Friday, Saturday	Patna	Dr. Amesh Golwara	9931633001	drameshgolwara@yahoo.com
46.	National Integrated Typodont Workshop – East Zone	10 th , 11 th , 12 th July 2024	Wednesday, Thursday, Friday	Vizag	Dr. Srikrishna Chalasani	9849477777	orthodontist7@gmail.com
47.	5 th EC Meeting	14 th July 2024	Sunday	Delhi	Dr. Sanjay Labh	9313483570	sanjaylabh@gmail.com
48.	IOS Friday Rendezvous	19 th July 2024	Friday	Virtual	Academic Council Dr. Sanjeev Verma	9872172628	drsanjuverma@yahoo.com
49.	National Integrated Typodont Workshop – West Zone	24 th , 25 th , 26 th July 2024	Wednesday, Thursday, Friday	Baroda	Dr. Kalpesh Patel Dr. Pranav Chandarana	9898107502 8866204757	drchandarana@gmail.com
50.	4 th Innovation Conclave & Crafting Research Symposium	8 th , 9 th August 2024	Friday, Saturday	Hybrid	Dr. Harneet Kaur Dr. Priyanka Kapoor	9871467002 9891914997	dr.harneetkaur@gmail.com pkapoor@jmi.ac.in
51.	IOS Wild life and Clinical photography Workshop – International	11 th to 17 th August 2024	Sunday to Saturday	Madikwe, South Africa	Dr. Matrishwa Vyas	9890220648	matrishva@gmail.com
52.	Independence Day	15 th August 2024	Online	Virtual			
53.	Aligner Master Class	16 th August 2024	Friday	Virtual	Academic Council Dr. Sanjeev Verma	9872172628	drsanjuverma@yahoo.com
54.	IOS Chronicles – JIOS Symposium	22 nd , 23 rd August 2024	Thursday, Friday	Chennai	JIOS Committee Dr. Vignesh Kailasam	9840237177	theorthodontist@gmail.com
55.	Pre – Conference Courses	18 th September 2024	Wednesday	Bengaluru	Dr. Silju Mathew Dr. Anup Belludi	9886500333 9632629555	drsmathew@gmail.com dranupbelludi@gmail.com
56.	CDIBO	19 th September 2024	Thursday	Bengaluru	Dr. Mala Ram Manohar	9895105683	ibosecretary@iosweb.net
57.	EOGM	19 th September 2024	Thursday	Bengaluru	Dr. Sanjay Labh Dr. Amit Bhardwaj	9313483570 9826550696	sanjaylabh@gmail.com jointsecretary@iosweb.net
58.	6 th EC Meeting	20 th September 2024	Friday	Bengaluru	Dr. Silju Mathew Dr. Anup Beludi	9886500333 9632629555	drsmathew@gmail.com dranupbelludi@gmail.com
59.	Study Group Conveners' Conclave	20 th September 2024	Friday	Bengaluru	Dr. Silju Mathew Dr. Anup Beludi	9886500333 9632629555	drsmathew@gmail.com dranupbelludi@gmail.com
60.	58 th IOC	20 th to 22 nd September 2024		Bengaluru	Dr. Silju Mathew Dr. Anup Beludi	9886500333 9632629555	drsmathew@gmail.com dranupbelludi@gmail.com
61.	AGM	21 st September 2024	Saturday	Bengaluru	Dr. Sanjay Labh Dr. Amit Bhardwaj	9313483570	sanjaylabh@gmail.com
62.	Valedictory Function	22 nd September 2024	Saturday	Bengaluru	Dr. Silju Mathew Dr. Anup Beludi	9886500333 9632629555	drsmathew@gmail.com dranupbelludi@gmail.com